

THE ESSENCE OF NONVERBAL COMMUNICATION

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ABSTRACT

In the article, we analyze nonverbal communication as an important component of linguistics.

KEYWORDS: nonverbal communication, nonverbal means, linguo paradigm, cultural universality, intonation modulation, qualifier, kinetic tool.

Everyone knows how difficult it is to learn a foreign language. How much effort and time you need to spend. But there is one language on earth that is understandable and understandable to everyone - the language of facial expressions and gestures that we use in every moment of our lives. This language is also known as non-verbal communication (verbal - verbal) or sign language. [9, 33] From a scientific point of view, "a gesture is any sign made by the head, hand, body, and expressing emotions or conveying information." "Sign language is a system of signs that is performed through conditional gestures and used in conjunction with or instead of voice speech for linguistic communication. It is used by peoples of primitive culture, as well as in a multilingual environment of advanced culture, in connection with ancient daily rituals, as well as in a state of dumbness.

People control their bodies and know how to hide their feelings, who is good, who is bad, but without exception, everyone fills their speech with gestures. And only when they can't speak because of dumbness, age or illness. Nonverbal language can sometimes express (or conceal) more information and more emotionally than speech. This is done involuntarily - joy, despair, despair, unexpected surprise, etc. - and is very meaningful, in order to emphasize this or that thought or, conversely, not to betray one's true feelings. [11, 91] If we don't speak constantly, we act constantly without even realizing it. Here the two lovers meet in public, they stand in silence or say simple phrases, but their looks, gestures don't even speak, but they shout about love. Only this cry is not heard by others. The eyes glow, the cheeks turn pink, the smile stretches the lips, the hands tremble, the bodies come closer together - only the blind can not understand! Or you are discussing a problem with your colleagues and suddenly you realize that you don't think any point of view is right. "A gesture is an action that sends a visual signal to an observer." and suddenly you realize that you don't think any point of view is right. [10, 13]

However, for a variety of reasons, you may not dare to express your opinion and start looking at any part of the floor, not in the eyes of your colleagues, and automatically remove the invisible thread or lint from your clothes. This is a sign of protest, a strike that you involuntarily made. If there is someone around you who understands sign language at the time, he or she will definitely “read” your silent response. [15, 89]

Sign language and body language is a way of communication that can be open and understandable to anyone who reads the book. By studying postures, gestures, and facial expressions, you can better understand the people around you, their true attitudes toward you, their hidden tendencies, and their true intentions. By using sign language skillfully, you will be able to communicate easily with people and establish closer and more trusting relationships with your loved ones, relatives and co-workers.

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