

STUDY AND ANALYSIS OF DEVELOPMENT STAGES OF PHYSICAL CULTURE AND SPORT IN THE REPUBLIC OF UZBEKISTAN AFTER INDEPENDENCE

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ABSTRACT

This article analyzes the stages of development of physical education and sports in our Republic after independence, information about the achievements and results achieved.

Keywords: physical education, sports, development, mass Sports, national sports, folk games, wellness, improvement.

ANNOTATSIYA

Ushbu maqolada Respublikamizda jismoniy tarbiya va sportni mustaqillikdan keyingi rivojlanish bosqichlari, erishilgan yutuqlar va natijalar to'g'risida ma'lumot tahlil qilib berilgan.

Kalit so'zlar: jismoniy tarbiya, sport, rivojlanish, ommaviy sport, milliy sport turlari, xalq o'yinlari, sog'lomlashtirish, takomillashtirish.

АННОТАЦИЯ

В данной статье проанализирована информация об этапах развития физической культуры и спорта в нашей республике после обретения независимости, достигнутых успехах и результатах.

Ключевые слова: физкультура, спорт, развитие, массовый спорт, Национальные виды спорта, народные игры, оздоровление, оздоровление.

Relevance of the topic: Based on the Decree of the First President of our Republic I.A. Karimov dated August 31, 1991, Uzbekistan was officially declared an independent Republic. Uzbekistan has taken a unique position in the current of global change processes as a country with its unique socio-political and spiritual renewal

program. As a country capable of exerting a strong influence on the development of a new civilization and humanity, it has shown its wide potential.

It should be noted that the large-scale works carried out in Uzbekistan are related to the modern world civilization.

The history of mankind has passed through the phenomenon of renaissance in different periods. In the history of the Uzbek people, the Renaissance was the first Renaissance event in the 9th-12th centuries.

The second renaissance period in the history of the Turanian peoples, associated with the name of Sahibqiron Amir Temur and the Timurids, went down in history as a period of national revival, the formation of a national statehood and management system that embodies world science, culture, and universal values at a high level.

The last years of the 20th century marked a completely new era in the history of the Uzbek people. Uzbekistan is showing its huge mental and physical capabilities and is entering the world politics with the most modern ideas. Our country is demonstrating its innovative programmatic concepts and new opportunities that will affect the fundamental reform of world social and political processes. From this point of view, the third Renaissance began, which was directly related to the concepts of independence, national idea, national development, modernization and the name of its initiator, Islam Karimov.

General updates carried out in our country are deeply analyzed scientifically and theoretically in the works, speeches and lectures, conversations and interviews of the First President of Uzbekistan I.A. Karimov. The books of the First President of Uzbekistan I.A. Karimov serve as one of the main sources and the most important methodological basis for studying our new history during the period of independence.

The purpose of the study: Comparison and analysis of development stages of physical education and sports after independence.

Research tasks:

- analysis of the organization and changes of the Law on physical education and sports;
- to study the development stages of physical education and sports after independence;
- study and analysis of the development of mass sports and national folk games.

It shows that the study of changes taking place consistently in our country within the framework of national, regional and global processes, evaluation, analysis, scientific-theoretical generalization, development of the ongoing socio-political processes has its own characteristics.

From the first years of the sovereignty of the independent Republic of Uzbekistan, great attention was paid to the development of physical education and sports as a factor

contributing to national development. It is for these purposes that the changes in physical education and sports activities were adapted to the new economic, political, social and cultural conditions of our society.

At the same time, physical culture and sports also got their rightful national status. Physical education and sports also have their place and position in the economic, political, cultural and social potential of the republic.

We can say with full confidence that the development of the field of physical education and sports in Uzbekistan during the period of independence is an effective result of the political, economic and social reforms implemented in our country.

The most important events that are the basis for the further development of physical culture and sports of independent Uzbekistan are being observed. Thanks to independence, the concept of spiritual purification, restoration of national values, education of a generation loyal to national traditions and introduction to practice was developed, the idea of national independence, which ensures the development of the Motherland, was formed. New aspects of the Uzbek mentality and national character have been formed. This directly served as a moral basis for radical reforms in the political, economic, social, legal, and educational spheres.

Educational and educational activities, moral - educational and cultural factors have become a priority in state policy. The main tasks were to raise a physically healthy, spiritually mature, mature generation with high intellectual potential, modern knowledge, independent thinking, and confidence in the future. The work in this direction is aimed at developing high feelings such as a modern worldview, patriotism, respect for national and universal values, and service to one's country in the minds of students.

After the independence, on January 14, 1992, the Law "On Physical Education and Sports" was adopted in our country. On May 26, 2000, the Law "On Physical Education and Sports" was adopted in the second edition.

On September 5, 2015, the third new version of the Law of the Republic of Uzbekistan "On Physical Education and Sports" was adopted. This Law consists of 8 chapters and 47 articles. The main goal of the law is to regulate relations in the field of physical education and sports. This law defines the legal, organizational, economic and social foundations of physical culture and sports in the Republic of Uzbekistan. Article 4 of the law states "The main directions of the state policy in the field of physical education and sports".

The main directions of the state policy in the field of physical education and sports are as follows:

- state support for the development of physical education and sports;
- ensuring everyone's right to freely engage in physical education and sports;

- harmonization of state and public management in the field of physical education and sports;
- determination of state guarantees of citizens' rights in the field of physical education and sports;
- do not allow discrimination and violence in the field of physical education and sports;
- ensuring the safety of life and health of persons engaged in physical education and sports, as well as participants and spectators of physical education and sports events;
- to support the development of all types and components of sports;
- to support the development of physical education and sports among disabled people and other persons with limited physical capabilities, as well as population groups in need of high level of social protection;
- creating conditions for the development and popularization of national sports and folk games;
- ensuring continuity and duration of physical education of citizens;
- implementation of international cooperation.

Adopted legal documents in the field of physical education and sports must comply with the norms of the Law "On Physical Education and Sports". This law lays the groundwork for the development of public and individual forms of sports and physical education-rehabilitation activities with the participation of all members of society in various organizations and institutions. The law considers physical education and sports as a means of preventing diseases, strengthening health, ensuring the hardworking character of a person, educating patriotic citizens, developing interethnic friendship and colonization.

The Law of the Republic of Uzbekistan "On Physical Education and Sports" reflects the norms of human and civil rights reflected in international documents. According to the law, citizens of the Republic of Uzbekistan, regardless of gender, race, nationality, language, religion, social origin, beliefs, personal and social status, can participate in physical education and sports activities, establish physical education and sports public associations, has the right to participate in the management of physical education and sports activities. Foreign citizens and stateless persons have equal rights with citizens of the Republic of Uzbekistan in the field of physical education and sports.

According to the law, the National Olympic Committee of the Republic of Uzbekistan, physical education and sports societies, sports federations, foundations, physical education and wellness, sports clubs and other organizations whose main purpose is the development of physical education and sports powers of public

associations are defined. These organizations follow the law and legal norms of state management bodies within the scope of their activities. The Law of the Republic of Uzbekistan "On Physical Education and Sports" provides guarantees of strengthening the health of all residents, creating conditions for their physical education and sports. The legal and regulatory framework of the government of Uzbekistan for the development of physical education and sports was created in accordance with the Constitution and norms of international law.

During the years of Uzbekistan's independence, physical education and sports have developed significantly. Football, tennis, Uzbek wrestling, boxing, oriental individual wrestling (karate, judo, taekwondo, wushu, handball, etc.) are becoming increasingly popular among young people.

Government decisions on holding international tournaments in football, tennis, boxing and wrestling in Uzbekistan are important.

The decision of the Cabinet of Ministers of the Republic of Uzbekistan dated May 27, 1999 "On measures for the further development of physical education and sports in Uzbekistan" is of great importance for all state agencies and non-governmental and public organizations. On the basis of this decision, the tasks of widening physical education and sports in the spheres of all classes of the population, production enterprises, education, educational institutions are defined.

The Resolution "On Measures for the Further Development of Physical Education and Sports in Uzbekistan" and the Concept of the State Program for the Development of Physical Education and Sports in the Republic of Uzbekistan, adopted on its basis, establish the organizational, legal and financial foundations of the development of physical education and sports organizations. determined.

According to the Decree of the President of the Republic of Uzbekistan "On measures to further improve the management system in the field of culture and sports", on February 15, 2017, within the framework of the Ministry of Culture and Sports, the Ministry of Culture of the Republic of Uzbekistan and the Ministry of Physical Education of the Republic of Uzbekistan Education and Sports State Committee was established.

As a result of practical work aimed at the development of physical education and sports in the years of independence:

- physical education and health promotion, mass sports activities and national sports were developed;
- the system of providing funds for the field of physical education and sports was improved, the non-state sector was developed;
- the material and technical base of physical education and sports was strengthened;

- training and retraining of personnel in the field of physical education and sports was launched according to the national education program.

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