

PSYCHOLOGICAL AND PEDAGOGICAL CHARACTERISTICS OF CHILDREN'S PHYSICAL AND MENTAL DEVELOPMENT IN RULED GAMES

Umarova Mekhriniso Ibragim qizi

Teacher of Termiz State Pedagogical Institute

ABSTRACT

The game not only improves cognitive processes, but also positively affects the behavior of the child. This article discusses the psychological problems associated with the formation of behavioral skills in preschoolers, and also mentions the types of games and the fact that behavioral skills are easier and earlier acquired in the game than in purposeful activities.

Key words: game, children, preschool education, teacher, role play, mind, early age, young period.

Role-playing is not only an individual mental process, but also important for the formation of the child's personal qualities and qualities. Therefore, choosing and fulfilling the role of an adult is inextricably linked with the child's emotional stimuli. Because during the game, various desires and wishes arise in the child from the external signs of other things, under the influence of peers, as well as against the will of the child. Play is an independent activity in which children begin to communicate with their peers. They are united by a common goal, a common experience of achieving it. Therefore, the game is important in developing friendly relations, forming team life skills, organizational skills. In a group of young children, complex relationships combined with joint play are formed. The teacher's task is to involve every child in active play, to establish relationships between children based on friendship, honesty, and a sense of responsibility towards their peers. Preschool children's games are not only a means of learning about things and events around them, but also have a high social value. In other words, play is a powerful learning tool. Through children's games, it is possible to educate socially useful, that is, high human qualities. If we observe children's game activities from the outside, we will see that all their personal qualities (who is more interested in whom, ability, will, temperament) are clearly manifested during the game. Therefore, children's play activities are a very convenient means of their individual education.

Preschool children usually play alone. Children of this age develop knowledge, memory, imagination, thinking and movement skills through thematic and constructive

games. In role-playing games, children mainly reflect the behavior of adults that they see and observe every day. The game of 4-5-year-old children gradually acquires the qualities of a collective form.

Preschool role-playing games are now distinguished by the richness and variety of the subject. In the process of these games, leadership skills begin to form in children, organizational skills and abilities begin to develop in them.

Visual art is also very important among the creative activities of preschool children. Depending on the nature of the child's imagination, it is possible to evaluate how he perceives the life around him, the characteristics of memory, imagination and thinking. Drawings drawn by older preschool children also reflect their inner experiences, moods, dreams, hopes and needs. Children of this age are very interested in drawing. Drawing is a unique form of play for children. First, the child draws what he sees, then what he knows, remembers and invents.

Competitions are very important for preschool children, and it is in such games that the motivation to achieve success is formed and strengthened. The most enjoyable time for children of this age is the importance of winning and winning in competitions. In preschool children, construction games are gradually turning into work. In the game, the child begins to acquire basic labor skills and abilities. Begins to understand the properties of objects, develops practical thinking patterns.

Competitions are very important for children of preschool age, and it is in such games that the motivation to achieve success is formed and strengthened. The most pleasant time for children of this age is the importance of winning and success in competitive games. Construction games in preschool age gradually turn into work. In the game, the child begins to acquire simple labor skills and competencies. He begins to understand the properties of objects, and develops practical patterns of thinking.

The game is a manifestation of human uniqueness, a way to improve it. Although play has a special place in the life of adults, it is especially important for children. It is acceptable to call him "childhood companion". This is the main content of the life of preschool children. This is a leading activity closely related to work and education. Most of the child's serious activities are in the form of play. In the game, all available aspects of the personality are activated: the child acts, speaks, understands, thinks. Play is an important means of education.

REFERENCES:

1. U Mekhriniso “The use of creative games in the educational process in preschool education” Web of Scientist: International Scientific Research Journal <https://wos.academiascience.org>. Published: May 19, 2022
2. M Umarova “MAKTABGACHA YOSHDAGI BOLALARNI AXLOQIY QADRIYATLAR RUHIDA TARBIYALASHNING O‘ZIGA XOSLIGI” Журнал естественных наук, 2022/8/25 <https://phys-tech.jdpu.uz/index.php/natscience/article/view/6538>
3. M Umarova “PRINCIPLES OF COMMUNICATION CULTURE DEVELOPMENT IN PRESCHOOL CHILDREN” Conferencea, 2023/3/7
4. U Mehriniso “BOLALARDA EKALOGIK MADANIYATNI SHAKLLANTIRISH” TADQIQOTLAR, <http://tadqiqotlar.uz/index.php/01/article/view/526/505> 11-son_1-to‘plam_Aprel-2023