## THE IMPORTANCE OF LOGOPEDIC MASSAGE IN THE ELIMINATION OF DYSTRIA SPEECH DEFICIENCY

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## **ABSTRACT**

The subject of "The importance of logopedic massage in the elimination of dystria speech deficiency" is covered in this article. The function of the language and speech organs as well as the communication between speech are both strengthened by logopedic massage. For parents and professionals, the systematic and persistent nature of massage calls for tolerance, inspiration, and project planning. Students and the community benefit from speech therapy massage as they work to overcome weaknesses.

**Keywords:** eradicating dystria speech insufficiency, logopedic massage, language and style organs, speech mastery, medium of speech, patience, motivation, students, and community.

Although there are a number of ways to eliminate the dysatria speech defect, logopedic massage is considered an important tool to eliminate its previous defects. In this article, we plan to talk about the "importance of logopedic massage in eliminating dysatria speech deficiency."

Logopedic massage is a set of actions used to eliminate problems related to speech and language deficits. This method includes various massage tests, exposures and working with foreign languages. The main goal of speech therapy massage is to strengthen communication between the population and speech and to improve speech skills.

The main symptoms of dystria speech deficiency include the inability to speak in a peculiar way, to express knowledge and thoughts about sounds, and to correctly combine words or sound combinations. These defects are observed primarily among children. In turn, these problems can create some conflicts for reading and writing, education and work activities in the future. However, these problems can be solved with the help of logopedic massage methods.

The practice of logopedic massage is structured as follows: logopedic massage includes strong, but soft and surgical massage movements directed to another bottle through the hand and angal part of the specialist. There may be variations in the range,

style and stages of these massage techniques. Through this method, the common heat of the tongue, speech and speech organs can be rested due to the presence of massage.

Logopedic massage has several main functions. First, by using it, recovery of language, speech and speech organs after diseases or significant problems is ensured. Secondly, the task of logopedic massage is to strengthen the functioning of the organs of the tongue and provide them with good oxygen supply. It improves coordination between language and style cues and improves speaking fluency.

The third task is to improve speech skills and strengthen communication between speech through logopedic massage. By means of massage, by means of strong movements directed on other bottles, the elasticity of the bottles and the mastery of speech are increased. In this, the correct pronunciation of words, sound combinations and speaking skills are further developed.

An important feature of logopedic massage is its regular and systematic implementation. Massage should be carried out in a way aimed at working with various organs, their bottles and structures. A regular and successful logopedic massage process gives the best results.

Logopedic massage is very important in eliminating defects. Through this method, elimination of children's speech and language deficiencies becomes an important basis for their reading and writing, education and work activities. Through logopedic massage, it will be possible to strengthen the functioning of the organs of speech and speech, improve speech skills, improve pronunciation and strengthen communication between speech.

However, the main effect of logopedic massage requires patience and persistence. In order to show the results in the elimination of defects, it is necessary that the massage carried out by parents and specialists should be constant and determined. At the same time, the importance and role of logopedic massage in helping children achieve successful results is clear.

The importance of logopedic massage in the elimination of defects is important mainly for parents and professionals. Parents can help and overcome their children's speech deficits by learning and practicing speech therapy massage. Specialists apply logopedic massage based on scientific research, their experience and knowledge to support the elimination of speech defects.

Patience and persistence are essential for logopedic massage to continue and show results. Parents and professionals need to be strong and confident in the process of eliminating deficiencies. In addition, strong motivation, location and commitment will take their time to implement the advice and overcome the speech deficiency.

The most important factor affecting the importance and results of logopedic massage is hidden not in the age of children and the characteristics of the problem, but

in its systematic and systematic implementation. By explaining and teaching the importance of speech therapy massage in overcoming disabilities, we learn how to empower children to reach their potential. This allows our team to help each other in the field of speech deficiency and to focus on the personal development of each child.

The development and expansion of logopedic massage in Uzbekistan is also important. Research and experiments aimed at gaining knowledge, sharing experiences and providing high-quality services between parents and professionals should be carried out in due course. Also important is the integration of logopedic massage and multidisciplinary work with all medical fields. This is necessary to ensure a scientific, psychological and medical approach to the elimination of speech defects. Although there are a number of ways to eliminate the dysatria speech defect, logopedic massage is considered an important tool to eliminate its previous defects. In this article, we plan to talk about the "importance of logopedic massage in eliminating dysatria speech deficiency." The main symptoms of dystria speech deficiency include the inability to speak in a peculiar way, to express knowledge and thoughts about sounds, and to correctly combine words or sound combinations. These defects are observed primarily among children. In turn, these problems can create some conflicts for reading and writing, education and work activities in the future. However, these problems can be solved with the help of logopedic massage methods.

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