

## DEVELOPMENTAL GAME TECHNOLOGY AND ITS IMPORTANCE IN THE PHYSICAL AND MENTAL DEVELOPMENT OF PRESCHOOL CHILDREN

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### ABSTRACT

The game not only improves cognitive processes, but also positively affects the behavior of the child. This article discusses the psychological problems associated with the formation of behavioral skills in preschoolers, and also mentions the types of games and the fact that behavioral skills are easier and earlier acquired in the game than in purposeful activities.

**Keywords:** behavior, preschool age, children, cognitive, game, development.

Preschool educational organizations are one of the modern educational technologies organized by the educator in order to establish effective cooperation with parents in short-term groups and organize the educational process - educational process planning. Planning is a process of predetermining the order and sequence of educational work, indicating the necessary conditions, tools, forms and methods to be used. In general, the effectiveness of educational work is determined by how carefully planned and implemented. Through planning, in addition to the reduction of uncertain situations in the development of the pedagogical situation, work is carried out to ensure continuity in the activities of the pedagogue today and tomorrow. The teacher can choose the form of the plan independently. Nevertheless, it is recommended to use the same form of planning approved by the pedagogical council of the preschool education organization.

Activity is always related in a certain way to the performance of communicative activity of a person. Communication problems are dealt with by representatives of various disciplines: philosophers, cultural scientists, linguists, teachers, psychologists, sociologists. But today, scientific literature does not have a clear understanding of the study of "communication" as a social phenomenon.

Active education means informing children of the necessary knowledge and skills by the educator in general. Educational activities are held throughout the day. Training for the first part of the day is more effective. During the educational process, children develop independent thinking skills and abilities, learn to listen to the teacher's words, not to talk with their peers, try to answer the questions asked by each teacher, and

repeat the thoughts expressed by the teacher. How many times to conduct education and activities in each small group is determined in the educational program of the Preschool Education Organization. If we talk about the types of training activities, the types of training activities are as follows:

Training and activities that test children's knowledge - the purpose of conducting these trainings and activities is that the educator learns the level of acquiring knowledge and skills specified in the program and takes them into account during his future work.

Complex education and activities - this education and activity is widespread in the experience of children's preschool education organization, and in these education and activities, children are given knowledge.

The structure of education and activity: - taking care of children; - basic part; - uakuniu part.

There is also the content of training activities, and we can include the following in this content: 1. Educational activity planning. 2. Purchase the necessary equipment in advance. 3. Bringing children to education and activity.

When preparing children for school, the educator will achieve a positive result if he plans the entire educational activity, not just one part of it. It is recommended to the teacher to train using methodical manuals. Each MTT has methodological rooms. It will contain methodological manuals for the educational program of the preschool educational organization and all departments. The teacher of the problems himself is responsible for this work and sometimes involves the children from the support group, that is, from the support group to the school. The teacher prepares the necessary equipment for the educational activity one day in advance. In the first small group of the preschool educational organization, 10 educational activities are held per week. They are distributed as follows: -introduction to surrounding events and development of children's speech; - drawing and making things from plasticine; - performing exercises with building materials; - music lessons; - physical education training.

Educational activities last 10-15 minutes and are held every morning and evening except Saturday. along with educational activities, observation of the surrounding objects, action and didactic games are planned during the saur. most of the education and activities are conducted in small groups uniting children of the same level of development. Educational activities based on new material that require detailed explanation and adult supervision (for example, group pictures or new constructors, first-time classes) are also conducted.

## **CONSLUSION**

There shouldn't be too many children in educational activities that depend on the turn of their actions. For example, physical education classes with gymnastic

equipment, "Lotto" type and speech development classes are the ones in which children with disabilities push others aside with their activities.

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