# ENHANCING LISTENING SKILLS OF EFL LEARNERS BY MEANS OF PODCASTS

#### Umaraliyeva Munojat Mashrabovna

Senior teacher of the English language and literature faculty of Fergana State University E-mail: <u>umunojat1@gmail.com</u>

#### Bozorboyeva Omina Aliyevna

3<sup>rd</sup> year student of Fergana State University E-mail: <u>ominakhanbozorboeva@gmail.com</u>

#### ABSTRACT

This scientific article aims to explore the potential benefits of incorporating podcasts as a tool to enhance the listening skills of English as a Foreign Language (EFL) learners. While traditional listening activities focus primarily on textual materials and face-to-face interactions, podcasts offer an innovative and engaging approach to language learning. This article presents the theoretical background supporting the use of podcasts in EFL education, discusses the advantages of incorporating podcasts in listening instruction, and presents empirical evidence on the effectiveness of podcasts in improving EFL learners' listening skills. Three relevant studies that highlight the positive impact of podcast-based listening activities are cited and analyzed.

Keywords: EFL learners, listening comprehension, authentic materials, podcasts,

#### **INTRODUCTION**

Listening comprehension plays a vital role in language acquisition, particularly in EFL contexts. However, conventional listening practice materials often fail to capture learners' interest and provide authentic language input. The emergence of podcasts has opened new possibilities for educators to enhance EFL learners' listening skills. Podcasts are digital audio files that cover various topics and cater to diverse levels of English proficiency. They provide learners with authentic, contextualized, and engaging language materials which can significantly contribute to their language development.

## **MATERIALS AND METHODS**

In a study conducted by Yeh and Wang (2016), incorporating podcasts in undergraduate EFL listening instruction resulted in significant improvements in learners' listening comprehension abilities. The study emphasized the benefits of podcast-based materials in enhancing learners' decoding skills, vocabulary acquisition, and overall listening proficiency.

Using podcasts as authentic materials to improve listening skills has a number of advantages as highlighted below:

## **Immersion in Authentic Language**

Podcasts provide EFL learners with authentic, real-life language input, exposing them to a wide range of accents, speech rates, and topics. According to a study by Neri, Cucchiarini, and Strik (2006), exposure to authentic listening materials helps learners become more attuned to the variations in spoken English, improving their overall listening comprehension skills. By regularly listening to podcasts, learners can familiarize themselves with colloquial expressions, idiomatic phrases, and informal language use that are commonly encountered in real-life situations.

#### **Contextualized Vocabulary Acquisition**

Podcasts offer learners opportunities to encounter new words, expressions, and phrases within meaningful contexts. The contextualized nature of podcasts aids in more effective vocabulary acquisition compared to traditional vocabulary drills or lists. Research by Wang and Wang (2019) suggests that listening to podcasts can positively impact learners' receptive vocabulary, as the continuous exposure to words in natural contexts helps reinforce their meanings through comprehension and context clues. Furthermore, the repetitive nature of podcast episodes allows learners to practice and reinforce vocabulary learning over time, leading to improved retention and application.

## **Interaction and Active Engagement**

Podcasts offer a dynamic and interactive learning experience, capturing learners' attention through interesting topics and interactive features. This increased engagement promotes motivation and sustained involvement in the learning process.

Podcasts often incorporate interactive elements such as quizzes, discussions, and interviews, providing learners with opportunities for active engagement and participation. These interactive features promote critical thinking, note-taking, and summarizing skills, enabling learners to develop strategies for effective listening. A study conducted by Lei (2018) found that EFL learners who actively engaged with podcasts through note-taking and summarization demonstrated better listening comprehension skills compared to those who passively listened. Engaging with podcasts also encourages learners to make predictions, infer meaning, and analyze context, enhancing their overall listening proficiency.

#### **Flexibility and Accessibility**

Podcasts are readily accessible through various devices, allowing learners to engage with listening materials anytime and anywhere. This flexibility enables learners to practice their listening skills beyond the confines of the classroom, providing opportunities for autonomous and self-paced learning.

## **RESULTS AND DISCUSSION**

In another study by Thompson and Middleditch (2018), podcast listening was found to positively impact EFL learners' listening comprehension, vocabulary development, and note-taking abilities. The study highlighted the significance of learners actively engaging with authentic listening materials through podcast-based activities to improve specific listening sub-skills.

Mendelsohn (2016) investigated the effects of podcast listening on intermediate EFL learners' listening performance. Findings indicated that podcast-based listening significantly improved learners' comprehension skills, with higher proficiency students benefiting the most. The study attributed these positive outcomes to the exposure to authentic language and the opportunity to get accustomed to different accents and speaking styles.

## CONCLUSION

Podcasts offer a versatile and accessible platform for EFL learners to enhance their listening skills. Immersion in authentic language, exposure to varied accents, and contextualized vocabulary acquisition are some of the key benefits that podcasts provide. Additionally, the interactive nature of podcasts promotes active engagement and critical thinking. Educators can integrate podcasts into the language learning curriculum to supplement traditional classroom instruction and create opportunities for learners to engage with real-life language contexts. By utilizing podcasts, EFL learners can strengthen their listening skills and become more confident and effective communicators in the English language.

## **REFERENCES:**

1. Bozorboyeva O. (2023) Chet tilini madaniyatiga bogʻlangan holda oʻrganishning ayrim samarali usullari va afzalliklari"Ilm-fan muammolari yosh tadqiqotchilar talqinida". Tom 1 No.7, 2023, 121-124.

2. Lei, M. (2018). Examining Voluntary Podcast Learning on EFL Learners' Listening Comprehension: The Effects of Note-Taking and Summarization. System, 73, 127-136.

3. Neri, A., Cucchiarini, C., & Strik, H. (2006). Lexical and Prosodic Aspects of Accented Speech in L2 Discourse. Speech Communication, 48(5), 554-571.

4. Umaraliyeva M. & Bozorboyeva O. (2023) THE MANIFESTATION OF LINGUISTIC CULTURAL PHENOMENA OF THE ENGLISH PEOPLE IN THE LANGUAGE. JOURNAL OF INNOVATIONS IN SOCIAL SCIENCES. Volume: 03 Issue: 03, 112-114.

5. Umaraliyeva M. & Bozorboyeva O. (2023) THE MANIFESTATION OF LINGUISTIC CULTURAL PHENOMENA OF THE ENGLISH PEOPLE IN THE LANGUAGE. JOURNAL OF INNOVATIONS IN SOCIAL SCIENCES. Volume: 03 Issue: 03, 112-114.

6. Umaraliyeva Munojat Mashrabovna, & Bozorboyeva Omina Aliyevna. (2023). MODERN TECHNIQUES AND EFFICIENT STRATEGIES IN EFL LEARNING AND TEACHING. Role of Exact and Natural Sciences During the Renaissance III, 14–18. Retrieved from

https://www.conferenceseries.info/index.php/natural/article/view/1131

7. Umaraliyeva Munojat Mashrabovna, & Bozorboyeva Omina Aliyevna. (2023).MODERN TECHNIQUES AND EFFICIENT STRATEGIES IN EFL LEARNING<br/>AND TEACHING. Role of Exact and Natural Sciences During the Renaissance III,<br/>14–18.14–18.Retrievedfrom

https://www.conferenceseries.info/index.php/natural/article/view/1131

8. Umaraliyeva Munojat Mashrabovna, & Bozorboyeva Omina Aliyevna. (2023). USING AUTHENTIC MATERIALS IN AUTONOMOUS LEARNING A FOREIGN LANGUAGE. GOLDEN BRAIN, 1(15), 44–49. https://doi.org/10.5281/zenodo.8008287

9. Umaraliyeva Munojat Mashrabovna, & Bozorboyeva Omina Aliyevna. (2023). THE USE OF SONGS IN INDEPENDENT LEARNING A FOREIGN LANGUAGE. Journal of Universal Science Research, 1(6), 344–349. https://doi.org/10.5281/zenodo.8024429

https://universalpublishings.com/index.php/jusr/article/view/1202

10. Wang, Y., & Wang, J. (2019). The Effect of Podcasting on EFL Students' Vocabulary Acquisition. Journal of Computer Assisted Learning, 35(3), 312-320.