

THE MAIN FACTORS OF BUILDING A MODERN FAMILY

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ABSTRACT

The article presents the issues of preparing young people for independent family life in a modern family, increasing the level of literacy of parents in the field of family education. The necessary recommendations regarding modern family factors are given.

Keywords: family, modern family, family factors, preparing young people for a family, family education.

INTRODUCTION

The family is the basic foundation for a person to find his place in his life as a human being, to have honor and respect in the country, and to embody high moral rules. The moral and physical education of young people is the priority of our basic policy. The foundation of basic education is laid in the family. Education is a complex and long-term unique process, which begins long before the birth of a child. That is, future parents' marriage, genealogy, outlook, internal and organizational world, morals, compatibility of material and spiritual quality, spiritual and physical readiness to build play an important role in the upbringing of the future child. A modern family is a family that has set an example among the population with its healthy lifestyle, high culture, professional level and social activities. The first link of social account of every society is the most important place in personal account. Personal development is directly related to communication. The collection of materials of the republican scientific-practical conference on the topic "Issues of discussion of national and universal problems in the modern family and child upbringing" begins with the whole family. The level of the social environment of the family can affect the development of the society.

This is one of the most important problems in determining the benefits for the family and the problems related to a healthy family. Among the great scholars of the East, Abu Nasr Farabi, Abu Rayhan Beruni, Abu Ali ibn Sina, Yusuf Khos Hajib, Mahmud Kashghari, Kaikovus, Hotam ibn Tay, Alisher Navai, Zahiruddin Muhammad Babur, Rezauddin ibn Fakhriddin, and others, reveal the secret of personal influence. those who Among the foreign scientists, D. Adams, A. Gary, A. King, A. Lynda, W. Daniellar, related to the family environment, an impressive empiric has been

established on human life and activities. According to the results of the educational research in 13 workers who lived with their families, they were directly protecting themselves from the satisfaction of the report, the life of their position or their roles in the family. A good relationship in a personal family shows that its benefits and emotional encouragement are interrelated with the strength of this family. It is purposeful to apply aspects of the development of characteristics of the Uzbek family in the work of the modern family model. Our scientists emphasize the empirical security that is manifested in different groups of social perceptions of the Uzbek family, and the influence of family members' relations on a strong family, conditions, based on the theoretical model of social perceptions of the family. conditions and social aspects are highlighted. At all times, they attached great importance to the place of the family in society. Because the greatest asset of the society is the family. If the family is healthy and strong, peace and prosperity prevail in the society. Therefore, the development of the modern family, as one of the scientific researches, will be targeted from the above recommendations.

One of the most important conditions for the formation of modern and strong families is that in preparing young people for life, it is necessary to help them to form correct concepts about the nature of marriage and family life, as well as the relationship between the two sexes, which will make them ready for marriage and family life. prepares psychologically for the process of organization, forms practical skills and competencies in young people to get married and organize family life. Preparing young people for independent family life in the family is a complex process, and the effective organization of this process is determined by the elimination of certain shortcomings and problems in this regard. At the same time, there are a number of problems in preparing young people for independent family life in the modern family, which are as follows: firstly, parents do not have full information about the essence of the process of preparing young people for independent family life in the family; secondly, the inability of parents to openly communicate with their children on certain issues; thirdly, insufficient availability of resources that allow parents to learn theoretical and practical knowledge to prepare young people for independent family life in the family; fourthly, we cannot deny that the tradition of assigning the task of explaining the meaning of the relationship between the bride and the groom to the girl's new (bride's moon) and the boy's acquaintances is the reason why parents do not fully understand the essence of the process of preparing young people for independent family life in family conditions.

For this, it would be expedient if young people starting a family pay special attention to the following recommendations:

1. Before starting a family, young people should learn well that there is an internal connection between the specific national mentality and lifestyle of each nation.

Because the fact that some representatives of different nationalities build a family based only on love can later cause the family to fail.

2. In a family, parents should deeply inculcate the national way of life in their children, and make sure that they are ready to start a family. However, in some families, materialism comes to the fore, which leads to the separation of new families based on disagreements.

3. Young people should be brought up physically and mentally, that is, healthy in all aspects. Because the advices of older people and the mechanisms of following the laws are not fully implemented in the areas of improving the spiritual foundations of the family.

4. People's customs, traditions, and people's way of thinking should be inculcated into the minds of children in aesthetic and moral education from a young age.

5. Based on the geopolitical position of Uzbekistan in today's globalization processes, it is necessary to deeply observe the relations of children marrying citizens of foreign countries, to think about the factors of the child's happiness and well-being.

6. It is necessary to constantly carry out promotion and propaganda work in the localities regarding the use of the wide opportunities created by our nation to support young families. Preparing young people for family and family relations is one of the main tasks of parents and society. It is necessary to raise a child with moral and social values from childhood to adolescence.

A spiritually healthy, happy and peaceful life of every family adds strength and power to the growth of children raised in the family environment as perfect human beings, to the power of the state. Because the family is the main link of the society, its stability, serving the development of the state and society, is indisputable. In this respect, society's demand for family and family education is increasing day by day. The health, morals, and faith of the young generation in the future, and their attitude towards their family, largely depends on the education carried out in the family. Today, as one of the main factors of the modern family, it is important that the children become mentally and physically mature people, that is, the issue of the level of literacy of the parents in the field of education is also important.

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